

## Lanserhof at The Arts Club Mayfair / London



### Location

Dover St, Mayfair, London, Great Britain

### Built

Construction period: 2018–2019GFA: 2.000 m<sup>2</sup>

## Exclusive health club in London

The new facility is another example of the successful cooperation between ingenhoven architects and the Lanserhof Group. The famous Dover Street in Mayfair, London, is known for its numerous historic clubs and hotels, such as The Arts Club. Co-founded in 1863 by the writer Charles Dickens, the club is one of the oldest private members clubs in London and, to this day, is a meeting point for those involved in the creative arts and for entrepreneurs. The future members of the Lanserhof at The Arts Club will be able to use top-class training facilities with training and treatment rooms, as well as benefit from comprehensive and innovative medical facilities, including MRI. Exclusivity is combined with highly innovative medical treatment options, right in the heart of London.

The architectural concept combines both clients' requirements: While the lounge on the first floor resonates with the interior of The Arts Club, the areas for sports and high-end diagnostics on the four upper floors and in the basement continue the clear and straightforward design of the Lanserhof projects. The key design element on all six floors is the "bronze core." This cube with a bronze surround serves as circulation area that contains a lobby on each floor with access to the stairwell and elevators. The bronze core's interior is white, with a high-quality wooden floor and white

wood-paneled walls setting the tone.

The establishment's highlight is located on the second floor: Clear lines and the medical fitness studio's high-quality materials create a select setting for fitness activities. The design of the associated changing areas on the third and fourth floors is based on a specially developed innovative lighting concept. The corridor along the lockers is illuminated by soft, comfortable lighting from cleverly placed wall- and ceiling-mounted spotlights that create a sensuous pattern on the floor. The individual changing cabins for the users of the fitness facilities create a sense of privacy and ensure that there is always enough space for every guest. The third floor accommodates areas for yoga and personal training programs.

The floors above the third floor are exclusively reserved for medical treatment. In spite of the rather narrow and confined layouts, which are typical of London's inner city buildings, these floors accommodate a wide variety of treatment rooms. The atmosphere and material selection is strictly in line with the specification developed for the Lanserhof medical spas: a bright and straightforward design and ecological materials that have been tested for compliance with health criteria. In addition to the comprehensive interior design concept, ingenhoven architects created a new first floor façade that reflects the building's original design and resonates with the glamorous architectural details of the upper floor façades.

## Awards, Nominations

2020

IF Design Award  
OPAL Award - Platinum

## Team

Architecture and interior design

ingenhoven architects, Düsseldorf

team ingenhoven architects

Christoph Ingenhoven, Moritz Krogmann, Anette Büsing,  
Dariusz Szczygielski, Mina Rostamiyanmoghdam, KarMin  
Shim

Lighting design

Tropp Lighting Design, Weilheim

Site supervision

Forge Architects, London

Client

ARTSLANS URBAN LIMITED